

Item

## **KITCHEN INVENTORY SHEETS**

Before you make your grocery list, determine what you really need by using these sheets to take an inventory of your refrigerator, pantry and freezer. Keep them handy and up-to-date, and you'll be less likely to lose track of items on high shelves or deep in the freezer.

Date

## **PANTRY INVENTORY**

Quantity			

REFRIGERATOR INVENTORY	Date
Item	Quantity





FREEZER INVENTORY	Date
Item	Quantity



